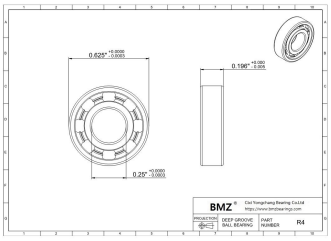R4